

Students can become effective self leaders if they are taught how.



## Student Self Leadership – Virtual

### 5 - Hour Virtual Program for Middle School and High School Students

Imagine students who are proactive, accountable and know how to get what they need to achieve their goals. Imagine students who are self-confident because they understand their strengths and are not held back by negative thinking. Imagine young people able to overcome barriers and persevere against life's inevitable challenges. Imagine our youth becoming competent leaders with servant hearts leading families, communities and organizations.

Middle School and High School students can learn the mindsets and skillsets of successful self leaders virtually through Blanchard Institute's virtual Student Self Leadership program. In five one-hour engaging sessions students learn key concepts, practice new skills and have fun connecting with other students. They leave with a positive attitude, clear goals and an understanding of what they need to achieve them.

Virtual facilitation materials are available through Blanchard's online facilitator portal. There, teachers and facilitators will find everything they need to offer Student Self Leadership on their appropriate student virtual training platforms.

#### Mindset of a Self Leader



#### Skillset of a Self Leader

- 1 Goal Setting**  
Aligning on what needs to be done, when
- 2 Diagnosing**  
Assessing your competence and commitment on a specific goal or task
- 3 Matching**  
Getting the leadership style that provides you with what you need



# STUDENT SELF LEADERSHIP

Virtual Learning Design - Five sessions, 60 minutes per session

SESSION	KEY CONTENT
1. Welcome! What is a Self Leader? Challenge “I Can’t” Thoughts and Assumed Constraints Being Proactive and Taking Initiative	Students learn the value of different perspectives and the benefits of becoming a self leader. They learn specific mindsets and skillsets of a self leader. Self leaders challenge assumed constraints and “I can’t” statements or thoughts. Self leaders are proactive. Students commit to actions they will take without being prompted. Students learn to take responsibility and initiative for growth and learning. Activity- Connect the dots puzzle
2. Do I have Power? Activating Your Points of Power	Self leaders activate points of power, play to their strengths and understand how they can increase their power. Students learn the importance of using their powers to do good in the world. Activity- Build the best paper airplane!
3. Why are goals important? SMART Goal Setting	Students learn the importance of having clear goals. Students learn the elements of a SMART goal and how to make their goals SMART. Activity- Write and share SMART goals
4. What help do I need to achieve my goals? Diagnosing Development Levels	Students learn definitions of competence and commitment. Students learn the SLII model and how to diagnose their development levels on goals or tasks. Activity- Learn to juggle!
5. How do I ask for help to achieve my goals? Matching Leadership Style to Development Level	Students learn about direction and support and the four leadership styles that are part of the SLII model. Students learn how to ask for the leadership style they need in order to achieve their goals. Activity- Students plan a conversation to share a SMART goal, state their development level and ask for the matching leadership style to help them achieve their goal.
Close How will I be different? Who will I thank? Who will I share this with?	Students share two visible signs that will show others that they are a self leader. Students identify who they will thank for their learning experience and share a key concept they will use in the future.